



Welcome to Lostwithiel Transition February 2010

e-newsletter

Transition Lostwithiel

News and projects

Saturday 20 February 10-1pm Scout  
Hut

~~Re-use~~ table top

sale~~~~~

To raise funds for various charities and voluntary groups from ME to  
Laos and Lostwithiel In Bloom to Transition Lostwithiels summer plant  
swop

## St Winnow School Learns about Plastic Bags

Transition Lostwithiel's Kat Smith gave a talk about going plastic bag free with Y5/6 on 11th January which was enjoyed by children and staff

Lost Threads HUB always meet 1<sup>st</sup> Monday of the month

**The Royal Talbot have been very generous and have offered us the space for the whole year – no experience needed – 10 until mid-day**

**\*\*Free to a good home** –we have been offered some **sheep fleeces** (some are Shetland) the fleeces will be in their raw state – they will be ready early spring – June- if you wish to reserve one please email [info@transitionlostwithiel.org](mailto:info@transitionlostwithiel.org)

Lost Threads contact Lesley Bower 873363

### **BATTERY RECYCLING**

Help to reduce the 29,000 batteries not recycled in the UK every year by taking your old ones to the facility in **LOSTWITHIELS LONDIS SHOP**

**FREecycle** - what is unwanted by one person is needed for another - no money involved

Lostwithiel could register with Freecycle and set up a local system - all that is needed is someone who would take this on .... Input of a few hours a week to edit the incoming emails and post them on the Lostwithiel Freecycle site

Contact Transition Lostwithiel if you are interested

## Thought of the Month - Wonky Veg!!!

Countryfile on BBC1 on Sunday 17 January (can be seen on BBC iplayer) showcased the waste of vegetables that some farmers are sometimes forced to make when their produce is not up to supermarkets standards - one farmer ploughed in 1800 cauliflowers - all that made them unsuitable was a slight dent or they were too big - the same often happens to up to 50% of a field of purple sprouting broccoli for being too thin or too fat!!

Overall, this means in the UK, added to the food which is thrown away in households every year, the amount of food waste would feed undernourished people throughout the world 4 times over

Some people throughout the country are doing something about this by using the vegetables from the farmers instead of them being ploughed in - we could also do this locally - how about you???

-- a few weeks ago 5000 people enjoyed a free lunch and free vegetables in Trafalgar Square from unwanted and unsellable to supermarkets 'wonky veg'